What is claimed is:

- 1. An apparatus for adjusting a position of a toilet seat, comprising:
 - a first gear that rotates in response to a depression of a lever;
- a second gear operatively engaged with the first gear such that a rotation of the first gear causes a rotation of the second gear; and
- a flange secured to the second gear, the flange for attachment to a toilet seat for adjusting a position of thereof in response to the rotation of the second gear.
 - 2. The apparatus of claim 1, further comprising: a lever attached to one side of the first gear.
- 3. The apparatus of claim 2, the lever further comprising an upper portion and a separate lower portion of smaller diameter for fitting within an end of the upper portion.
- 4. The apparatus of claim 3, the upper portion including a securing screw disposed to secure the lower portion at a desired position within the upper portion.
 - 5. The apparatus of claim 2, the lever further comprising a foot pedal.
- 6. The apparatus of claim 5, wherein the foot pedal is disposed above a floor when the apparatus is mounted to a toilet.
- 7. The apparatus of claim 1, further comprising:

 a plate for placement on a toilet between a bowl and a tank;

 a pair of brackets disposed on the plate for securing the first gear and the second gear.
- 8. The apparatus of claim 7, the pair of brackets each having a first bushing for receiving an end of the first gear and a second bushing for receiving an end of the second gear.

- 9. The apparatus of claim 8, at least one of the pair of brackets having a friction bushing for providing friction against the rotation of the second gear.
- 10. The apparatus of claim 1, wherein the first gear and the second gear have a 1:1 gear ratio.
- The apparatus of claim 1, wherein the first gear and the second gear have a 2:1 gear ratio.
 - 12. The apparatus of claim 1, further comprising:at least one friction bushing for dampening a rotation of the second gear.
- 13. The apparatus of claim 1, further comprising:
 a friction bushing for dampening a rotation of the second gear, the friction bushing adjustable to provide varying amounts of friction.
 - 14. The apparatus of claim 1, further comprising:a toilet seat and a toilet seat cover secured to the flange.
- 15. The apparatus of claim 1, further comprising:
 a toilet having a bowl and a tank, the first gear and the second gear disposed between the tank and the bowl.
 - The apparatus of claim 1, further comprising:a cover for enclosing the first gear and the second gear.
- 17. The apparatus of claim 1, the first gear comprising a first geared shaft and the second gear comprising a second geared shaft.

18. A toilet comprising:

a foot operated mechanism disposed between a tank and a bowl, the foot operated mechanism comprising:

a first gear having a lever disposed on at least one side for providing torque to rotate the first gear;

a second gear operatively engaged with the first gear such that a rotation of the first gear in a first direction causes a rotation of the second gear in an opposite direction; and

a flange secured to the second gear, the flange further attached to a toilet seat for adjusting a position thereof in response to a rotation of the second gear.

19. A method for adjusting a position of a toilet seat, comprising.

depressing a foot operated lever to raise a toilet seat, the foot operated lever attached to a first gear that rotates a second gear, the second gear having a flange attached to the toilet seat, and

releasing the foot operated lever to lower the toilet seat.